

# HAIR EXTENSIONS

## CARE GUIDE



INDIGO COLLECTIVE- An Aveda Concept Salon

You just got your new hair extensions and your hair is looking AMAZING! Now that you have your dream hair and have invested in these high-quality extensions, you want to keep your locks looking great. Or, maybe you're still thinking about getting hair extensions and you want to know more before you commit.

We've learned a few things that can help you take care of your hair extensions to prolong their life and keep your hair looking fabulous. In this guide to hair extension care, we'll cover our top tips for taking care of your hair extensions - The do's AND the don'ts.



[www.indigocollectivenj.com](http://www.indigocollectivenj.com)

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# THE METHODS

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## BEADED WEFTS

**BEST FOR:** Adding significant length and/or volume

**HOW IT WORKS:** Extensions are secured to your natural hair by a row of beads with or without string. Wefts are then gently secured to the created base.

**MAINTENANCE:** Every 6-8 weeks



## KERATIN BOND

**BEST FOR:** Adding length and/or volume

**HOW IT WORKS:** Extensions are wrapped around small sections of your natural hair and bonded with keratin.

**MAINTENANCE:** Every 3-4 months

## BEADED INDIVIDUALS

**BEST FOR:** Adding length and/or volume

**HOW IT WORKS:** Extensions are secured to your natural hair using beads and small sections of hair.

**MAINTENANCE:** Every 8-10 weeks





# THE METHODS

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## TAPE-IN

**BEST FOR:** Adding fullness or length in specific areas of the head. Most commonly used to fill in the front of your hair or to add in a pop of color.

**HOW IT WORKS:** Pieces of natural hair are secured by an adhesive which is attached to the hair extension piece.

**MAINTENANCE:** Every 4-6 weeks

## HALO

**BEST FOR:** Adding length and/or volume. Great for special occasions as it is a non-permanent, removable option.

**HOW IT WORKS:** Made from 100% Remy human hair, extensions are placed on the head with an invisible nylon string. The perfect solution for those with hair already past their shoulders.

## CLIP-IN

**BEST FOR:** Adding length and/or volume. Great for special occasions as it is a non-permanent, removable option.

\*Not recommended for daily wear.

**HOW IT WORKS:** 100% Remy human hair is attached to clips that gently secures to your natural hair.



# WASHING

\*\* Wait 24 hours to wash your hair after a keratin bonded extension install so bonds fully harden

Using a boar bristle or flexible bristle hair brush, gently brush out hair extensions before getting them wet.

Shampoo gently between rows or around points of attachment.

Double shampoo for optimal scalp health.

Use conditioner from mid-lengths to ends, avoiding root/scalp area.

Rinse your hair thoroughly to ensure there is no product residue left in your hair.

\*We do not recommend shampooing your hair more than twice a week. Over-washing can dry out your extension hair and could lead to premature extension replacement.



Deep condition the ends of your hair extensions with a high quality, hydrating treatment once a week.

*Our current favorites are  
Aveda Nutriplenish Treatment  
Masque Light and Deep*



# BRUSHING & STYLING

We recommend brushing your hair a minimum of twice a day.

Using an extension-safe brush with boar bristles and/or flexible bristles, brush your hair extensions every morning and before bed each night to detangle any knots that have built up during the day.

Gently rough dry hair until about 80% dry using your fingers and a low heat setting before using a brush to smooth out hair.

Curling irons or straighteners should be used on the lowest heat setting.



To prevent breakage or shedding, place your hand at the top of your row/weft/bonds while brushing your hair. This will prevent excess pulling or tugging as you brush out your hair. Start brushing your hair from the bottom, removing any tangles, and work your way up to the top of your head from there.



# SLEEPING



Use a silk or satin pillowcase to reduce tangles and frizz while you sleep.

Never go to bed with wet hair.

Don't forget to brush hair thoroughly before going to bed.

We recommend putting your hair in a loose ponytail or loose braids before you go to sleep. A low ponytail off to the side is ideal. High ponytails/topknots are not ideal as they can lead to tension at the hair extension attachment points.

Secure hair with a satin or silk scrunchie.

# INDIGO COLLECTIVE'S EXTENSION APPROVED AVEDA PRODUCTS

## SHAMPOO AND CONDITIONER

- Nutriplenish Shampoo and Conditioner
- Shampure Shampoo and Conditioner
- Cherry Almond Shampoo and Conditioner
- Sap Moss Shampoo and Conditioner
- Be Curly Advanced Shampoo and Conditioner
- Rosemary Mint Shampoo (only for removing excess build up)

## TREATMENTS AND MASQUES

- Nutriplenish Leave-In Conditioner
- Nutriplenish Daily Moisturizing Treatment
- Nutriplenish Replenishing Overnight Serum
- Nutriplenish Multi-Use Hair Oil
- Nutriplenish Treatment Masque Light and Deep Moisture
- Cherry Almond Softening Leave-In Conditioner
- Be Curly Advanced Intensive Curl Perfecting Masque

## STYLING

- Smoothing Fluid - Styling Serum
- Phomollient - Lightweight Mousse
- Shampowder - Dry Shampoo
- Air Control - Workable Hairspray
- Speed of Light - Blow Dry Spray
- Heat Relief - Heat Protectant
- Perfectly Sleek - Heat Styling Cream



\*Avoid using scalp brushes and at home scalp treatments.

\*If you do have any scalp concerns, please book a scalp treatment at the salon.

# THINGS TO KNOW



After a few washes, your extension hair will expand and take on a more realistic hair texture.

If you notice any excessive tangling, hair shedding, or extension slipping, please contact Indigo Collective - These are quick fixes when addressed right away!

Never let sunscreen or suntan oil touch your extension hair - This can cause the hair to become discolored.

Do not use purple shampoo or color toning products, and please do not color or dye your own hair extensions. Doing so can cause discoloration and possible extension damage.

Avoid amber/yellow colored hair oils, moroccan oil, coconut oil, and silicon-based products.

# GET IN TOUCH

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